



Patient

Info

General Information

Neat Teeth Orthodontics is a specialist referral practice providing advice and treatment for a wide range of orthodontic problems in children and adults. All our orthodontists are specialists, fully registered with the General Dental Council. The nursing and reception team are also highly trained, many with specialist orthodontic nursing and radiography qualifications. We also have three fully registered orthodontic therapists working at the practice.

Our aim is to provide high quality orthodontic treatment in a friendly, comfortable environment under NHS and private contract.

Patients have access to our car park where a permit must be displayed. Full disabled access is available.

We do not tolerate abusive or violent behaviour. Perpetrators will be asked to leave the premises.

About Orthodontic Treatment

Malocclusion is a common condition where the teeth fail to develop in an ideal position. Orthodontic treatment to correct a malocclusion involves gently moving the teeth using braces. There are several types of brace or appliance that may be used during orthodontic treatment. If the teeth are badly positioned or crowded then it may also be necessary to have some teeth extracted to provide space to complete the case. Repositioning the teeth with braces will improve both the appearance of the teeth and the way in which they bite together.

Orthodontic treatment can also greatly improve facial appearance providing an attractive smile.

rmad

Treatment time

Orthodontic treatment takes time and it is common for appliances to be worn for up to two years. Patients with severe malocclusion, especially those requiring growth modification, may have to wear appliances for even longer periods. Regular appointments are needed to adjust appliances and you will be required to attend approximately once every month once the brace has been fitted. After active treatment, patients usually wear removable retainers for about one year, part of which is at night only. Some patients may require permanent retention.

Orthodontics and Dental Care

It is vital that you continue to visit your dentist for routine dental care throughout your orthodontic treatment. Keeping your brace clean with a good standard of tooth brushing is also extremely important to prevent damage to your teeth and gums during treatment. Patients with poor levels of oral hygiene will not be accepted for treatment. Diet is another important aspect of appliance care. Chewing gum and other sticky sweets will damage the braces and must be avoided during treatment. Teeth are very susceptible to decay once a brace has been fitted. It is therefore important that the amount and frequency of sugar that you eat should be kept to a minimum to avoid problems.

Fizzy drinks such as cola and lemonade are particularly damaging to teeth and should be avoided during brace treatment.

On completion of treatment, patients are asked to fill out a satisfaction questionnaire.

tion

The success of your treatment depends largely on your co-operation and enthusiasm. If the appliances are worn correctly and well looked after, treatment will proceed quickly. You have a vital role in determining how good the end result will be, as well as how long the treatment will take.

neatteeth. Orthodontics

www.neat-teeth.co.uk

Orthodontics for Children
Orthodontics for Adults
Damon System
Ceramic Braces
"Invisalign"
"Incognito"
Lingual Braces

Appointments and School

Our appointment system for NHS treatment runs from 8.30 to 4.30 Monday to Thursday and 8.30 to 1pm on Friday. Appointments can only be offered between these times and once treatment commences, monthly visits will be required. Parents, pupils and teachers may object to you missing school time, but unfortunately, it is impossible to schedule all appointments outside school hours.

Appointments can obviously be made well in advance. Limiting appointments to holiday periods only is not possible. During treatment, failure to keep regular appointments can place the health of your teeth and gums at risk. It can also severely delay the completion of your treatment. Non compliance may result in early removal of treatment.

We respectfully ask for 24 hours notice of cancellation of appointments.

Private Treatment

Although we can usually provide orthodontic treatment under the NHS system for children who need it, many patients will also consider treatment under private contract. Patients who opt for private treatment will be able to take advantage of the new, high-tech, tooth coloured brace systems. We can now offer all the latest brace technology such as Damon Clear®; 3M Clarity Ceramic®; Invisalign® and Incognito® systems. We may also be able to offer after-school appointments in some cases. Orthodontic treatment for adult patients is also available at the practice on a private basis. If you would like to consider private treatment you can ask your dentist to refer you or you can self-refer by calling or emailing the practice. For more detailed information visit www.neat-teeth.co.uk

Our Orthodontists:

If you have a preference to be seen by a particular Specialist, please ask at reception when booking your appointment.

Stephen Gould

BDS MSc FDS RCSEd MOrth RCSEd

Charlotte Eckhardt

BDS MSc FDS MOrth FDS(Orth)

Prof Jeremy Knox

BDS MScD PhD FDS MOrth FDS(Orth)

Angela Eggar

BDS MScD MFDS MOrth RCSEd

Rob Westerholm

BDS MScD FDS RCSEng MOrth RCSEd

Orthodontic Therapists:

(Dip Orth Therapy RCS England)

Claire Ebley *Registered Clinical manager*

Sarah Griffiths

Emma Jane Hinds

Nurses:

(Level 3 Diploma in dental nursing)

Lynsey Kiss

Jessica Ebenezer

Lucy Mitchell

Kayleigh Beamish

Sara Thomas

Stacy Holloway

Zoe Lavis

Sophie Jones

Linzi Lorey

Rachel Tidmarsh

Corinne Trick

Emily Launchbury

Rhiannon Bennett

Lydia Elliott

Caroline Cridland

Trainee:

Cerys Wood

All staff keep up to date with GDC CPD requirements.

What to Expect on the First Visit

On your first visit to the practice you will be asked some general information about your medical and dental history. It is likely that x-rays will be taken of your teeth and jaws to check for developmental problems. It is also likely that impressions of your teeth will be taken so that plaster models can be prepared for analysis. The orthodontist will then be able to advise you whether orthodontic treatment is required. The type of appliances that will be necessary and whether extractions are required will also be discussed. Once an appropriate treatment plan has been finalised, it is usually wise to take time and consider whether you want to go ahead with treatment. A discussion at home with friends and family is often worthwhile.

Privacy: All patient information at the practice is confidential. All our staff have signed a confidentiality agreement and the practice complies with the data protection act.

Concerns: The Practice has a comment and complaints procedure in place, please ask at reception if you need to discuss any issues.

Disabled access: The practice has suitable parking and access for disabled patients. Lifts and disabled toilets are available on all floors.

Emergencies

If you have a serious problem with your brace outside our normal practice opening hours, please telephone NHS direct on 111 or visit www.wales.nhs.uk

Private patients can contact Mr Gould on his mobile No. 07776123485 and leave a message, he will call you back as soon as possible.

Details of primary dental services in the Swansea area may be obtained from Abertawe Bro Morgannwg University Health Board

Swansea Office:

T: 01792 601800
LHB, Beacon Centre
for Health, ABMU,
2nd Floor,
Langdon Road,
Swansea, SA1 8QY

Port Talbot:

T: 01639 683670
HQ One Talbot
Green,
Baglan Energy Park,
Baglan, Port Talbot,
SA12 7BR

Practice Opening Times:

8:30am to 5:15pm Monday to Thursday
8:30am to 2:00pm Friday
Lamberts Road, SA1 Waterfront
Swansea, SA1 8EL
T 01792 455191
E stephen.gould@neat-teeth.co.uk
F 01792 468758

www.neat-teeth.co.uk